



# Iowa Volleyball Region



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## 2024-2025 Age – Grade Definitions

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1. All Players on an **Iowa Age Level team** must meet these age requirements. No waivers will be given to teams competing in events that qualify a team for National Competition.
2. **Iowa Grade Level teams** may have waivers for players that do not meet the age requirement so long as they are in the appropriate grade. Boys may be waived on to a girl's grade level team for 8<sup>th</sup> grade / 14u & younger teams. (No boys allowed on age level teams.) (No grade teams needed at 18s male or female; or 17s female.)

| JUNIOR AGE DEFINITIONS 2024-25 |                         |                  |                  |                         |                         |                         |                 |                 |                 |                 |                 |
|--------------------------------|-------------------------|------------------|------------------|-------------------------|-------------------------|-------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| AGE                            | 18 & Under <sup>1</sup> | 17 & Under       | 16 & Under       | 15 & Under <sup>3</sup> | 14 & Under <sup>4</sup> | 13 & Under <sup>5</sup> | 12 & Under      | 11 & Under      | 10 & Under      | 9 & Under       | 8 & Under       |
| JULY*                          | 2006 <sup>2</sup>       | 2007             | 2008             | 2009                    | 2010                    | 2011                    | 2012            | 2013            | 2014            | 2015            | 2016            |
| AUG                            | 2006                    | 2007             | 2008             | 2009                    | 2010                    | 2011                    | 2012            | 2013            | 2014            | 2015            | 2016            |
| SEPT                           | 2006                    | 2007             | 2008             | 2009                    | 2010                    | 2011                    | 2012            | 2013            | 2014            | 2015            | 2016            |
| OCT                            | 2006                    | 2007             | 2008             | 2009                    | 2010                    | 2011                    | 2012            | 2013            | 2014            | 2015            | 2016            |
| NOV                            | 2006                    | 2007             | 2008             | 2009                    | 2010                    | 2011                    | 2012            | 2013            | 2014            | 2015            | 2016            |
| DEC                            | 2006                    | 2007             | 2008             | 2009                    | 2010                    | 2011                    | 2012            | 2013            | 2014            | 2015            | 2016            |
| JAN                            | 2007                    | 2008             | 2009             | 2010                    | 2011                    | 2012                    | 2013            | 2014            | 2015            | 2016            | 2017            |
| FEB                            | 2007                    | 2008             | 2009             | 2010                    | 2011                    | 2012                    | 2013            | 2014            | 2015            | 2016            | 2017            |
| MAR                            | 2007                    | 2008             | 2009             | 2010                    | 2011                    | 2012                    | 2013            | 2014            | 2015            | 2016            | 2017            |
| APR                            | 2007                    | 2008             | 2009             | 2010                    | 2011                    | 2012                    | 2013            | 2014            | 2015            | 2016            | 2017            |
| MAY                            | 2007                    | 2008             | 2009             | 2010                    | 2011                    | 2012                    | 2013            | 2014            | 2015            | 2016            | 2017            |
| JUNE                           | 2007                    | 2008             | 2009             | 2010                    | 2011                    | 2012                    | 2013            | 2014            | 2015            | 2016            | 2017            |
| GRADE                          | 12 <sup>th</sup>        | 11 <sup>th</sup> | 10 <sup>th</sup> | 9 <sup>th</sup>         | 8 <sup>th</sup>         | 7 <sup>th</sup>         | 6 <sup>th</sup> | 5 <sup>th</sup> | 4 <sup>th</sup> | 3 <sup>rd</sup> | 2 <sup>nd</sup> |
| Grad Year                      | 2025                    | 2026             | 2027             | 2028                    | 2029                    | 2030                    | 2031            | 2032            | 2033            | 2034            | 2035            |

**Once a player participates** (including but not limited to practicing, training, attending workouts and/or competing) **in a club or varsity program for any university, college, community college or junior college, he/she is ineligible** to take part in any regional and national programming, which includes but is not limited to national JNC qualifying and championship events.

**Note:** These age definitions are used by domestic club programs and are **NOT** the same as the age definitions for the International and Domestic National Team Development programs.

<sup>1</sup> **OR** players born on or after July 1, 2005, **and** a high school student in the 12<sup>th</sup> grade or below during some part of the current academic year are eligible to compete on 18 and under teams.

<sup>2</sup> **Female Only** – players born on or after July 1, 2006 (who are defined as 18 & under by USAV Age Definition) and are in the 11<sup>th</sup> grade for the current academy year are waived to compete in 17 and under.

<sup>3</sup> **Male Only** – Players who were **born on or after July 1, 2009** (15 years or younger) who neither have completed nor are in a grade higher than **8<sup>th</sup> grade** during the current academic year are eligible to play in the **14 & Under division**. Allowed to participate at BJNC.

<sup>4</sup> **Male Only** – Players who were **born on or after July 1, 2010** (14 years or younger) who neither have completed nor are in a grade higher than **7<sup>th</sup> grade** during the current academic year are **eligible for a Region approved waiver** to compete in the boys 13's age group.

<sup>5</sup> **Male Only** – Players who were **born on or after July 1, 2011** (13 years or younger) who neither have completed nor are in a grade higher than **6<sup>th</sup> grade** during the current academic year are **eligible for a Region approved waiver** to compete in the boys 12's age group.

**\*The Age Definition Policy was most recently revised by the USA Volleyball Board of Directors on June 30, 2020.** The classification cut-off date of July 1 was reviewed by the USAV JA and the USA RVA and research justified the new cut-off date of July 1.